



UNITY KIDS

NURSERY & PRIMARY SCHOOL

No. 14, Sadhasivam Street, Gopalapuram, Chennai - 600 086
044 - 2811 2433 | uks@unityschool.in | www.unitypublicschool.com

Circular No: P – 07/072018

Date: 17.07.18

Dear Parents, Assalamu Alaikum!

We are pleased to share a few suggestions for the betterment of our kids.

Snacks & Lunch

Provide snacks which are nutritious and healthy for kids. We have listed here a few snacks for your reference so as to inculcate healthy eating habits and establish uniformity during snack time. They are Seasonal fruits, Vegetable salads, Dry fruits, Any nutritious breakfast- Idli, Dosa, Chappathi, (Avoid noodles & pasta), Sprouted cereals, Vegetable Sandwich, Boiled Channa / Peanut, Corn Or any other which will keep them active and healthy

Healthy eating in childhood:

- Meets child's nutrient needs for growth and development
- Encourages good eating habits for life
- Improves child's performance in class and at play
- Improves concentration

Please send rice as main course with meat or vegetables along with a dish for lunch.

Home assignments

You are aware that Madras High court has specifically stated that it is unrealistic to expect the classes of KG, I & II students to do homework, assignment on their own and homeworks to class I and II children have to be prohibited. As per the CBSE norm Homework should not be given for primary classes. With regard to this no home assignments will be sent for classes PRE KG – IV. We assure you that completion of work will be done in the school. We request you to kindly cooperate with us.

Writing practice

Madras High court has also observed the following:

“Experts are of the opinion that pre-school should not introduce formal writing until the age of five. Rajalakshmi, M.S., Head of the Department, Early Childhood Education and Administration Course, VHD Central Institute of Home Science States “The fine motor co-ordination and neuro muscular development of the child would not have set in until five years. There is a need to ensure that pre-schools teach age appropriate skills. While

they can allow them to read and colour using crayons, they should avoid asking the child to use pencil until the age of five”. Divya, B.A., awaldrof early child educator opines “Parents and Schools should not urge the children to write when their hands are not ready. In fact, once their motor skills are developed, they will be able to write in a couple of months”.

With reference to the court order, our school will not entertain writing for KG classes. The seven domains of skills will be focused which would enhance the child's confidence, creativity and enjoys learning. We expect your support and coordination in this regard.

Parents' Orientation programme

Please be informed that Parents' Orientation programme will be held on **Saturday, 21.07.2018** as per the schedule given below:

For pre primary compartment at 09.00am and for primary compartment at 11.00am

Looking forward for your cooperation, Jazakallahu Khairan,

Principal